



SACRED UBUD SPA

Body Massage

Classic Balinese Coconut Oil Massage	60mins	145k
	90mins	195k

- Experience full-body, deep-tissue treatment by our Massage therapists

Acupressure Massage	90mins	215k
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- Unblock your channels with focused pressure on trigger points

Aromatherapy Massage	60mins	155k
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- Select Essential oils for complete relaxation & personal experience

Deep Tissue Massage	90mins	215k
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- Slow, deep strokes target inner layers of your muscles and tissues

Twin Massage	60mins	270k
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- Four-handed Balinese massage (2 therapists) for total body bliss

Warm Stone Massage	90mins	225k
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- Heated stones gently placed on the muscles promote deep tissue relaxation

Classic Dry Thai Massage	60mins	220k
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- Dry massage using deep compression, rhythmic pressing, and stretching



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Body Treatments

Sea Salt Scrub & Balinese Massage	90mins	255k
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- Exfoliating natural sea salt blend & local Coconut oil

Bali Boreh Wrap & Balinese Massage	90mins	245k
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- Traditional Balinese Herbal blend & local Coconut oil

Herbal Poultice & Aloe Vera Body Mask	120mins	315k
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- Steamed Herbal poultice with Massage & Aloe Vera Healing Body Mask

Coffee Scrub & Balinese Massage	90mins	215k
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- Refreshing and Aromatic Body Scrub & local Coconut Oil

Spa Facials

Traditional Cleansing Facial	60mins	135k
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- Yoghurt & Honey scrub with coconut oil & rice powder finish

Fruit Enzyme Facial	60mins	135k
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- Papaya and fruit enzymes help break down your dead skin layers

Vegan Facial	60mins	135k
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- Keep your Face fresh and invigorated and Holistic





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Spa Packages

Self-Care Escape

4.5 hours

675k

- Start with your Balinese Massage then a Sea Salt Body Scrub followed by a Warm Stone Treatment & our Traditional Facial, top it off with a Hand Massage & Manicure and ending with a Flower Bath!

The Yoga

4.5 hours

675k

- Start with your Twin Massage and let the synchronized dual mode lull you into a trance, followed by an invigorating Bali Boreh BodyWrap, a Balinese herb/spice blend, then refresh with our Vegan Facial, and Foot Reflexology & Pedicure; ending with a Herbal Bath!

Classic Couples Spa Date

5.0 hours

1.2 juta

- You and your partner slip into bliss with an essential oils Aromatherapy massage, in tandem, in our King Room, a Coffee Mocha Body scrub invigorates the skin and clears the senses, preparing for your Citrus Facials. Rounding this Spa Date off with a combo Foot Reflexology and Pedicure, and ending with our Couples Floral Bath.

Ayurvedic Treatments

Shirodhara Ayurvedic Oil Massage

2 hours

495k

- Energy and Intention : *Shirodhara* is a meditative and tranquil treatment centered on a soothing stream of warm oil that's gently poured over the forehead and onto the third eye chakra. This treatment is known to calm the central nervous system, and integrate the mind and body.



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Salon Services

The Empress	30mins	95k
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- Avocado Hair Mask that nourishes and protects dry and damaged hair

Foot & Hand Reflexology Massage	60mins	120k
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- From your Fingers to your Toes, lose that last drop of stress!

Mani/Pedi Essentials

Manicure - natural finish	60mins	110k
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Manicure - choice of polish	60mins	135k
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- Cuticle care, nail shaping, exfoliating, oil & buff & Massage

Pedicure - natural finish	60mins	110k
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Pedicure - choice of polish	60mins	135k
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- Cuticle care, nail shaping, exfoliating, oil & buff & Massage